

Who should be followed by the CardioObstetrics Program*?

An OUTPATIENT CardioObstetrics referral is encouraged for women with any of these indications:

- Known pre-existing cardiac disease, considering pregnancy or already pregnant.
- Current or historical preeclampsia or gestational HTN at any gestational age, including postpartum.
- Current or historical spontaneous preterm birth \leq 34 weeks.
- Current or historical growth restricted pregnancy requiring preterm delivery \leq 37 weeks.

Any provider from your office can refer patients to the CardioObstetrics Program:

1. Call: **1 (855) WHH-KIWH**

Women's Heart Health at Katz Institute for Women's Health
1 (855) 944-5494

2. Email: cardio-ob@northwell.edu

Include patient's name, contact information, reason for referral and provider contact information.

*CardioObstetrics is a multidisciplinary collaboration between obstetrics, maternal-fetal medicine, and cardiology. The goal of the program is to identify at-risk women and improve their heart health through a seamless transition from pregnancy to long term follow-up and lifestyle modifications.